

# Pillow Thoughts II: Healing the Heart

## A Journey of Love, Loss, and Self-Discovery

In the wake of a broken heart, Courtney Peppernell penned the words that would become the international phenomenon, Pillow Thoughts. Now, in her highly anticipated second collection, Pillow Thoughts II: Healing the Heart, she returns with a raw and honest exploration of the complexities of love, loss, and self-discovery.



### Pillow Thoughts II: Healing the Heart by Courtney Peppernell

★★★★☆ 4.8 out of 5

Language : English  
File size : 4821 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 226 pages



With the same vulnerability and authenticity that captivated readers in her first book, Peppernell delves into the depths of her own experiences, sharing her journey through heartbreak, healing, and growth. Through her words, she invites us to reflect on our own experiences of love and loss, and to find solace and inspiration in her journey.

Pillow Thoughts II is a book for anyone who has ever loved and lost. It is a book for anyone who is searching for a deeper understanding of the human

heart. And it is a book for anyone who is looking for hope and healing in the midst of pain.

### **What Readers Are Saying About Pillow Thoughts II**

“Pillow Thoughts II is a beautiful and heartbreaking exploration of love, loss, and self-discovery. Courtney Peppernell’s words are raw and honest, and her insights are both profound and relatable. This book is a must-read for anyone who has ever loved and lost.”

-Bustle

“Pillow Thoughts II is a powerful and moving collection of poems and prose that will resonate with anyone who has ever experienced the pain of heartbreak. Courtney Peppernell’s words are a source of comfort and inspiration, and her journey of healing is a reminder that even in the darkest of times, there is always hope.”

-The Huffington Post

“Pillow Thoughts II is a must-read for anyone who is looking for a deeper understanding of the human heart. Courtney Peppernell’s words are a powerful reminder that we are all capable of love, loss, and healing.”

-The New York Times

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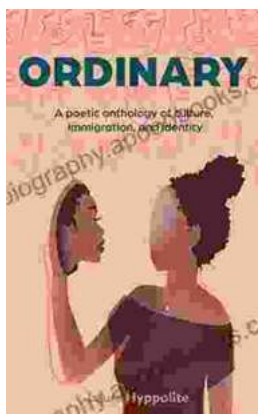
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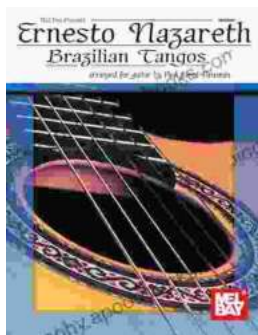
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